

Annual personal review

Personally:

1. Where do you want to be in 5 years?
2. What are you going to commit to do to enhance your life in the next 12 months?
3. How much time per week are you spending travelling away from home (days/month) and how much time is spent with family and building relationships?
4. How is the balance of your life?
5. How is your health, physical fitness and exercise program going? How satisfied are you with this?
6. How well are you managing your time? What is your greatest time management issue?
7. How well are you managing stress? What is your greatest stress management issue?
8. How are you doing psychologically and spiritually?
9. How is your wealth creation plan going? What is your target? Where are you at?
10. How up-to-date are your wills, medical power of attorney, enduring power of attorney, guardianship document, personal estate records and last letter? Have you completed the black box?
11. What are your greatest personal challenges?
12. What do you need to change?